



Looking for Alternative Methods for Pain Relief?

Many of us live with chronic or acute pain, keeping us from enjoying certain activities. There are alternatives to invasive surgery.

According to reports by the American Pain Society in 2000, 86 million Americans live with chronic pain. Including those who suffer from acute pain, 50% of Americans live with pain. Depending on the extent of the pain, we may use over-the-counter or prescription medications for relief. Some of us will employ physical therapy to strengthen affected areas. If the pain is so excruciating that it prevents us from enjoying certain activities and impacts our quality of life, we may go under the knife hoping our pain will ultimately cease. Many of us would prefer another alternative to invasive surgery.

Dr. Okky Oei, M.D., head of the Eureka Pain Clinic in Scottsdale, treated numerous pain and sports injury patients in his family practice. His own personal experience with chronic back pain and the failure of drugs to treat the pain prompted him to look at the origin/nature of pain. This, in turn, led him to discovering an alternative treatment for pain.

The treatments that Oei administers are founded in the principles of basic physiology and human anatomy. When something is damaged in the body, the brain receives a signal (pain). Pain-relieving drugs block the signal which eliminates the sensation of pain but does not cure the cause of the pain. The body is composed of trillions of cells — cells form tissues, tissues form organs, organs become components of systems in the body. If the tissue is damaged, that means cells are damaged. If cells are damaged and can't work to fix the problem, pain will persist. If the sensation of pain is blocked with a drug, but the damaged tissue or source of the pain is not treated, the damage can affect other parts of the body. When the damaged cells cannot heal, the body compensates in other areas, which could lead to other problems. If the cells could be "fixed", then the pain would be eliminated.

Cells have the ability to produce energy (ATP), but if they are damaged, can not. Oei uses two devices to "fix" or "jumpstart" the cells. One device is called a Micro-Current Electrical Biostimulator and the other is a Class



Pain-relieving drugs block the signal which eliminates the sensation of pain but does not treat the cause of the pain.

II Cold Laser. Just as a car needs energy in the form of fuel and electricity from a charged battery, cells have the same requirements. The Micro-Current Electrical Biostimulator restores electrical flow at the cell level and the Cold Laser stimulates ATP production (fuel). These treatments have been used on professional athletes since the early 1980s.

Many professional athletes have benefited from these types of treatments and have found that injuries that hampered them have reversed to the point that they can perform at optimal levels again. Anne Guerrant, who was ranked as high as number 11 in the world when she was playing the Virginia Slims women's tennis tour, and a resident of Gilbert, was referred to the Eureka

Pain Clinic in 2006 by another former Slims tour player, Kristien Kemmer Ziska, who had been successfully treated at the clinic. Guerrant had back problems, but after just her first treatment at the clinic, she felt significant improvement. "I pulled my hamstrings badly in 2006 and thought it was going to take four months to heal," based on previous experience. Her experiences at the clinic have allowed her to continue to play without consequence. Guerrant added that her husband developed some back issues and "after three sessions he was much better," and after five sessions he was able to resume his normal activity.

I visited Oei to experience his treatment myself. I have recently had lower back and shoulder issues and have developed more pain in my fingers due to the onset of arthritis. He noticed that there was tension on the left side of my back and that my left shoulder looked different than my right shoulder. I mentioned that my shoulder pain was on the left side. He noted that the difference in the height of my left shoulder indicated that my body was compensating for an issue on that side. After one visit, I truly felt a significant difference in those areas. I felt no stiffness, pain, or discomfort and more mobility in my shoulder, back and fingers. After seven days, I still have not felt any stiffness, pain or discomfort.

Oei related a case involving a 75-year-old man who was diagnosed with progressive irreversible nondiabetic neuropathy in both lower extremities and was told there was nothing that could be done. After ten treatments, this man was able to walk, hike, and ski again.

Eureka Pain Center is located in Scottsdale. Contact them at (480) 659-5470 or online at www.eurekainrelief.com.

The Eureka Pain Relief Clinic
Raintree Corporate Center
15300 N. 90th. Street, Suite 700
Scottsdale, AZ 85260
480-659-5470